H&HFG Team News

Gratitude & Gravy: What We're Grateful For & Most Excited To Eat!

Samantha Herrington

Director Of Client Experience Fave Food: Stuffing

I have an amazing husband, who I have the pleasure of sharing my professional life with as well—thank you, Colton, for being my greatest supporter! I see wonder and excitement in the world each and every day through the eyes of our two young daughters. And, for the memories I've made this year with those closest to me.

Samantha Impson Director Of Case

Management Fave Food: Leftover Turkey Sandwiches

I am grateful to have been able o spend the summer with family riends. Whether it was camping at the lake with my parents or my friend being able to visit from North Carolina. I'm also grateful to have been able to celebrate my parents 50th wedding anniversary this year.

Candy Whiting

Executive Assistant Fave Food: Cranberry Bread & Green Bean Casserole

At the top of my list is spending time with family and friends—especially my seven grandchildren. I've found a happy balance of work and play and love the adventures that their extracurricular activities take me on.

Chelsea Landolf

Client Experience Specialist

Fave Food: Stuffing

I'm grateful that I've been able to take trips and see new places with friends and family. I'm grateful to have been a part of my sister's wedding and all the celebrating leading up to it. I'm also so grateful that later this year I'm going to

Colton Herrington

Partner & Financial Advisor Fave Food: Party Mix

I am grateful for my family, my wife and two daughters (ages 6 and 1). Through our struggle with infertility, I realized just how much of a miracle Harper was, and am so thankful that she now has a sibling to play with.

Jennifer Beschler

Case Manager ave Food: Sweet Potatoes

his year I am grateful for my health nd have learned that I am capable if so much more physically and nentally than I ever thought. I am Ilso grateful for friend and family ncluded) and this beautiful area

Karen Brancy

Director Of Human Resources

ave Food: Stuffing

am so fortunate to have a close bond I am so fortunate to have a close bond with my three siblings and get to spend Thanksgiving with our families united. When we say our family's traditional blessing, it brings tears to our eyes yet fills our hearts because we think of all who came before us, and all the little ones who surround us w, and it all keeps us laughing and

Zach Herrington

Senior Case Manager ave Food: Everything

ent countiess weekends in the ods, either participating in tdoorsman sports, or riding dirt les. I'm so fortunate for the time I to spend outside, especially wher with my family and friends.

Co-Founder & Senior

I am most grateful for my family's good health. It may sound like a cliché, but you have nothing if you

Pam Mann

Executive Assistant Fave Food: Stuffing & Pie

I am grateful for family and friends— especially my three siblings that I am incredible close with. I look forward to my weekly Happy Hour/ Book Club gathering where we laugh, swap stories and food, and go on adventures!

Mike Strong

Partner & Financial Advisor Fave Food: Stuffing

so grateful for the progression of the business and being able to get into a

Manda Lewis

Partner & Financial Advisor Fave Food: Stuffing & Apple

I am grateful I am physically able to exercise and help keep myself healthy I am also thankful for my mind that keeps me hoping, dreaming, thinking and learning. For my friends, my fur babies, my childhood, and my home—I am grateful for relationships and space that bring me such peace

Luke Herrington

Partner & Financial Advisor Fave Food: Apple Salad & Pumpkin Pie

This year I'm grateful to have a loving and growing family. My wife, Kristen, supports me in all my endeavours, and I have two boys that are growing up to be little men, that amaze me every day. I'm grateful for learning my success code and focusing on the little things in life that make all the difference

Be Open & Respectful

Dialogue at the Thanksgiving dinner table is likely to be colorful, no matter who you share the holiday with There is bound to be a taboo topic brought up, or a relative who stirs up conflict—but, this year we encour you to be the one who brings positivity and harmony to the conversation. While finances might typically off-limits subject, we find that the more transparent you and your family are about finances, the more like are to learn from one another. Spreading your knowledge with one another will help ensure you and you are prepared for the future. Keep reading for tips on what you might discuss.

Turkey Talk

Positive & Productive Conversations

While this process may seem awkward at first, making it the norm to discuss your financial well-being at the Thanksgiving table will make it easier to ask for advice, grow, and plan for the future. It's important to remain respectful of everyone's individual circumstances and you can help guide the conversation, in case it goes astray if you engage with this lens in place.

Don't Wait Until 2023

You can start the conversation with your financial goals to break the ice. Thanksgiving is a great time to ask your family about their goals for the new year because it allows you to discuss action steps needed to reach them. Even if financial goals are not mentioned, often our finances play a role in how we reach our aspirations. Maybe you might even consider creating accountability partners to help achieve everyone's dreams

Organize Your Finances

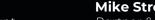
How do you know if your finances are on track? Spark a conversation about the way you keep your finances organized to make sure you are on target to reach your goals. Consider the following tools as a means of keeping your financial health in check: Credit monitoring services, financial snapshot programs, safe document storage solutions, and budgeting tools should all be a part of your toolbox.

Legacy Planning

Start by asking an elderly family member what they envisioned their future would look like twenty years ago; and, how did their vision change over that time? Use this conversation as a foundation for discussing your outlook and establish realistic steps to help you turn them into your reality. This is a fun way to spark meaningful dialogue, and ease into less pleasant—though necessary—conversations about the possibility of future extended care needs.

Prepare the Next Generation

If only I knew then what I do now...'—don't let this be the mantra of your children's future. Maybe you've already prepared the younger generation financially through trusts or education funds, but they may also benefit from your wisdom. One way to get the conversation started is by asking: "what do you hope to have achieved financially by the time you're my age?" Then, discuss what it would take for them to get there. It will be fun to see how the conversation evolves over future Thanksgiving dinners.



I am grateful for so much in my life. Being able to get married this year and start the next step of my life. I am

Kyle Herrington

Partner

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